



HELLENIC REPUBLIC  
**National and Kapodistrian  
 University of Athens**  
 1<sup>st</sup> Dept. of Orthopaedic Surgery, School of Medicine  
 University General Hospital "ATTIKON"  
 Chairman: Professor Panayiotis J. Papagelopoulos



**KAT HOSPITAL**  
 4<sup>TH</sup> DPT. OF ORTHOPAEDICS &  
 TRAUMATOLOGY  
 Chairman: Vasilios D. Polyzois

Αποκλειστικός δωρητής  
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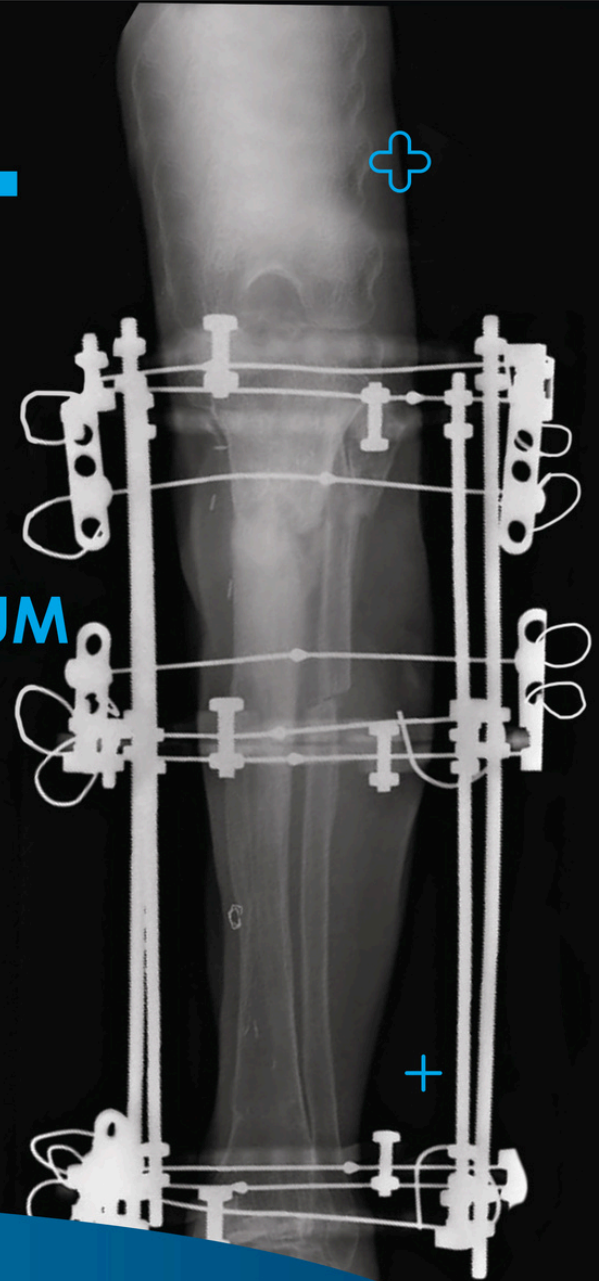
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ΙΔΡΥΜΑ ΣΤΑΥΡΟΣ ΝΙΑΡΧΟΣ  
 STAVROS NIARCHOS FOUNDATION

ένικτρο ο άνθρωπος | humanity at the core

# 4<sup>th</sup> ANNUAL

**HELLENIC ORTHOPLASTIC  
 EXTREMITY SYMPOSIUM  
 (HOPES) &  
 METHODIST INTERNATIONAL  
 LOWER EXTREMITY SYMPOSIUM  
 (MILES)-EUROPE**



+ Hands-on  
 Cadaveric  
 Workshops

**June 11-12  
 2026**

**KAT GENERAL HOSPITAL  
 CHARTOFLAKIDIS AMPHITHEATER  
 ATTIKON UNIVERSITY GENERAL HOSPITAL  
 AKISA BUILDING  
 BIOSKILLS SURGICAL LAB  
 STAVROS NIARCHOS FOUNDATION**

Registrations:



**Limited Seats Available**

www.traumaedu.gr  
 traumaedu@randp.gr  
 210 746 2951



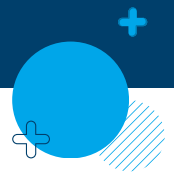
Under the Auspices  
**HELLENIC ASSOCIATION  
 OF ORTHOPAEDIC SURGERY  
 AND TRAUMATOLOGY**  
 Athens Academy Award 2004



**TRAUMA  
 EDU**



**HANDS ON  
 CADAVER  
 COURSE**

**Thursday, June 11, 2026**

📍 KAT GENERAL HOSPITAL, CHARTOFLAKIDIS AUDITORIUM

**08:00 - 08:30 REGISTRATIONS****08:30 - 09:00 OPENING CEREMONY**

D. KOULALIS, P. KOULOUVARIS, V. POLYZOIS, O. SAVVIDOU, T. ZGONIS

**09:00 - 14:30 LIVE SURGERIES****14:30 - 15:00 LUNCH****15:00 - 16:15 SESSION I: Lower Extremity Deformities****15:00 - 15:15 External Fixation in Deformity Correction**

D. F GEORGIU

**15:15 - 15:30 Corticotomy and Distraction Techniques for Lengthening and Bone Transport Techniques**

A. KOUTSOPOULOS

**15:30 - 15:45 Ilizarov Technique for the Management of Hind Foot Deformity, Arthritis and Distal Tibial Nonunion**

P. MOURATIDIS

**15:45 - 16:00 Ilizarov Technique Alone or in Combination With Flap Coverage in the Management of Complex Defects in Limb Salvage of the Lower Extremity**

V. POLYZOIS

**16:00 - 16:15 BREAK****16:15 - 17:15 SESSION II: Lower Extremity Traumatic Injuries – Reconstruction and Osteomyelitis****16:15 - 16:30 External Fixation in the Management of Bone Infections**

P. KOULOUVARIS

**16:30 - 16:45 External Fixation as Definitive Treatment of Lower Extremity Fractures**

O. SAVVIDOU

**16:45 - 17:00 External Fixation in Damage Control of Polytrauma Patients**

D. KOULALIS

**17:00 - 17:15 BREAK****17:15 - 19:00 SESSION III: Plastic Surgical Reconstruction for Lower Extremity Injuries****17:15 - 17:30 Principles of Lower Extremity Reconstruction and Current Concepts**

P. DESKOULIDI

**17:30 - 17:45 Microsurgical Approach to Lower Limb Trauma**

E. KOSTOPOULOS

**17:45 - 18:00 Orthoplastic Approach in the Management of Complex Lower Extremity Trauma**

C. GAKIS

**18:00 - 18:15 Bone and Soft Tissue Loss of the Lower Extremity. Advanced Techniques**

G. IGNATIADIS

**18:15 - 18:30 Open vs Endovascular Techniques in Lower Extremity Revascularization**

S. GIANNAKAKIS

**18:30 - 18:45 Management of Lower Extremity Vascular Trauma**

A. PAPAPETROU

**18:45 - 19:00 Keynote Lecture: Surgical Management of Severe Diabetic Foot Infections and Osteomyelitis**

T. ZGONIS

**19:00 - 19:15 ADJOURN**



Friday, June 12, 2026

📍 “KAT” GENERAL HOSPITAL & BIOSKILLS SURGICAL LAB & STAVROS NIARCHOS FOUNDATION, “ATTIKON” UNIVERSITY GENERAL HOSPITAL

**09:00 - 14:30 LIVE SURGERIES**  
KAT GENERAL HOSPITAL

**14:30 - 15:30 TRANSPORTATION** from “KAT” to “ATTIKON”

**16:00 - 21:00 CANDAVERIC WORKSHOP - BIOSKILLS SURGICAL LAB SNF | AKISA BUILDING - UGH “ATTIKON”**

**16:00 - 18:00 Lower Extremity Flaps and Surgical Offloading for the Traumatic and Diabetic Lower Extremity**

- Abductor Hallucis Muscle Flap
- Peroneus Brevis Muscle Flap
- Reverse-Flow Sural Flap
- Soleus Flap
- Delta and Circular External Fixation for Surgical Offloading

BIOSKILLS SURGICAL LAB - STAVROS NIARCHOS FOUNDATION, “ATTIKON” UNIVERSITY GENERAL HOSPITAL

**Moderators:**  
D. KOULALIS, P. KOULOUVARIS, V. POLYZOIS, O. SAVVIDOU, T. ZGONIS

**18:00 - 18:30 BREAK**

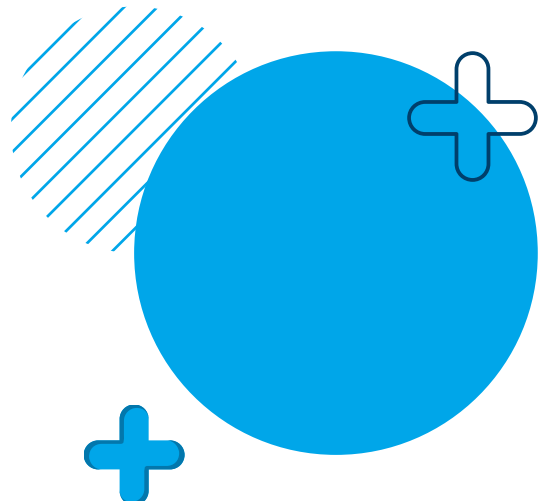
**18:30 - 21:00 Internal and External Fixation Applications for the Traumatic and Diabetic Lower Extremity**

- Surgical Approaches and Internal Fixation for Calcaneal, Talar and Ankle/Pilon Fractures
- Circular External Fixators for Midfoot / Ankle Arthrodesis
- External Fixation for Leg Deformity Correction and Limb Lengthening

BIOSKILLS SURGICAL LAB - STAVROS NIARCHOS FOUNDATION, “ATTIKON” UNIVERSITY GENERAL HOSPITAL

**Moderators:**  
D. KOULALIS, P. KOULOUVARIS, V. POLYZOIS, O. SAVVIDOU, T. ZGONIS

**21:00 - 21:15 ADJOURN**





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