



ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ
Εθνικών και Καποδιστριακών
Πανεπιστημίων Αθηνών
 Α' Ορθοπαιδική Χειρουργική Κλινική Ιατρικής Σχολής
 Πανεπιστημιακό Γενικό Νοσοκομείο "ΑΤΤΙΚΟΝ"
 Διευθυντής: **Καθηγητής Π.Ι. Παπαγεωργίου**



Νοσοκομείο ΚΑΤ
 Δ' Ορθοπαιδική Κλινική
 Διευθυντής:
Βασίλειος Α. Πολυζώης

Αποκλειστικός Δωρητής

ISN / SNF

ΙΔΡΥΜΑ ΣΤΑΥΡΟΣ ΝΙΑΡΧΟΣ
 STAVROS NIARCHOS FOUNDATION
 ενισχυρο ο άνθρωπος Empowering humanity

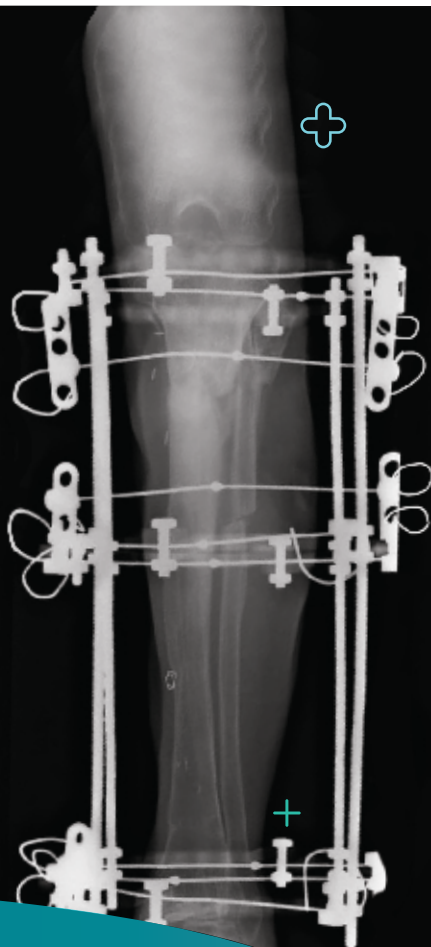
3rd ANNUAL

HELLENIC ORTHOPLASTIC EXTREMITY SYMPOSIUM

(HOPES) &

METHODIST INTERNATIONAL LOWER EXTREMITY SYMPOSIUM

(MILES)-EUROPE



+ Hands-on practice
 on fresh frozen
 anatomical specimens

June 13-15 2024

KAT GENERAL HOSPITAL

ATTIKON UNIVERSITY GENERAL HOSPITAL

BIOSKILLS SURGICAL LAB | AKISA BUILDING





Thursday, June 13, 2024

- 08:30 - 09:00** **REGISTRATION - KAT GENERAL HOSPITAL, ATHENS, GREECE**
HOPES AND MILES-EUROPE – OPENING CEREMONY
P. KOULOUVARIS, V. POLYZOIS, O. SAVVIDOU, T. ZGONIS
- 09:00 - 14:00** **LIVE SURGERY – KAT GENERAL HOSPITAL, ATHENS, GREECE**
- 14:00 - 14:30** **LUNCH**
- 14:30 - 15:30** **SESSION I: Resident and Fellow Summit**
Case Presentations on Lower Extremity Trauma and Deformity Correction
Moderators: P. KOULOUVARIS, V. POLYZOIS, O. SAVVIDOU, T. ZGONIS
- 15:30 - 15:45** **SESSION II: General Principles of External Fixation**
History and Evolution of External Fixation
O. SAVVIDOU
- 15:45 - 16:00** External Fixation in Damage Control of Orthopaedic Surgery
P. KOULOUVARIS
- 16:00 - 16:15** External Fixation as Definitive Treatment of Lower Extremity Fractures
O. SAVVIDOU



Thursday, June 13, 2024

16:15 - 16:30 External Fixation in Lower Extremity Deformity Correction
D. GEORGIU

16:30 - 16:40 Moderator: O. SAVVIDOU
Panel Discussion Forum: P. KOULOUVARIS, V. POLYZOIS

16:40 - 17:00 **BREAK**

SESSION III: Lower Extremity Trauma and Management of Complications

17:00 - 17:15 Surgical Treatment of Talar and Calcaneal Fractures
J. STAPLETON

17:15 - 17:30 Surgical Treatment of Ankle and Tibial Plafond Fractures
J. STAPLETON

17:30 - 17:45 The Role of External Fixation in the Management in the Combined Bone and Soft Tissue Loss
P. KOULOUVARIS

17:45 - 18:00 Lower Extremity Bone Lengthening and External Fixation Techniques
V. POLYZOIS

18:00 - 18:10 Moderator: V. POLYZOIS
Panel Discussion Forum: C.GAKIS, J. STAPLETON

18:10 **ADJOURN**



Friday, June 14, 2024

- 09:00 - 14:00** **LIVE SURGERY – KAT GENERAL HOSPITAL, ATHENS, GREECE**
- 14:00 - 14:30** **LUNCH**
- 14:30 - 14:45** **SESSION IV: Diabetes Mellitus and Vascular Disease**
Perioperative Management of Patients with Diabetes Mellitus
S.TSIRONA
- 14:45 - 15:00** Cardiovascular Risks and Endovascular Procedures
S.H AHMED
- 15:00 - 15:15** Open Lower Extremity Bypass Procedures
A. PAPAPETROU
- 15:15 - 15:30** Surgical Management of Diabetic Foot Infections and Osteomyelitis
T. ZGONIS
- 15:30 - 15:40** Moderator: T. ZGONIS
Panel Discussion Forum: S.H AHMED, S. GIANNAKAKIS, S.TSIRONA
- 15:40 - 16:00** **BREAK**



Friday, June 14, 2024

SESSION V: Plastic Surgical Reconstruction of the Diabetic Lower Extremity

- 16:00 - 16:15** Anatomy and Basic Random Flap Designs for the Lower Extremity
C. GAKIS
- 16:15 - 16:30** Muscle, Perforator and Pedicle Flaps for the Lower Extremity
I. IGNATIADIS
- 16:30 - 16:45** Microvascular Free Flaps: Indications and Management of Complications
E. KOSTOPOULOS
- 16:45 - 17:00** The Orthoplastic Approach in Complex Trauma Surgery
C. GAKIS
- 17:00 - 17:10** Moderator: P.GAKIS
Panel Discussion Forum: P. DESKOULIDI, I. IGNATIADIS, P. KOULOUVARIS
- 17:15** **2ND ANNUAL AWARD OF EXCELLENCE IN ORTHOPLASTIC LIMB SALVAGE**
- 17:30** **ADJOURN**



Saturday, June 15, 2024

CADAVER LAB

Bioskills Surgical Lab

Attikon University Hospital, Athens, Greece

09:00 - 11:00 Lower Extremity Flaps and Surgical Offloading for the Traumatic and Diabetic Lower Extremity

- Abductor Hallucis Muscle Flap
- Peroneus Brevis Muscle Flap
- Reverse-Flow Sural Flap
- Soleus Flap
- Delta and Circular External Fixation for Surgical Offloading

Moderators: C. GAKIS, I. IGNATIADIS, T. ZGONIS, E. KOSTOPOULOS

11:00 - 11:30 BREAK

11:30 - 14:00 Internal and External Fixation Applications for the Traumatic and Diabetic Lower Extremity

- Surgical Approaches and Internal Fixation for Calcaneal, Talar and Ankle/Pilon Fractures
- Circular External Fixators for Midfoot / Ankle Arthrodesis
- External Fixation for Leg Deformity Correction and Limb Lengthening

Moderators: P. KOULOUVARIS, O. SAVVIDOU, J. STAPLETON, V. POLYZOIS

14:00 pm ADJOURN



Shah-Hinan Ahmed, MD, FACC

Director, Vascular Center
Methodist Hospital
San Antonio, Texas, USA

Christos Gakis, MD, PhD

Chairman, Department of Plastic Surgery
KAT General Hospital
Athens, Greece

Ioannis Ignatiadis, MD, PhD

Senior Consultant, Department of
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Microsurgery of the Limbs
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Athens, Greece

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Associate Professor of Orthopaedics
1st Department of Orthopaedic Surgery
and Traumatology
Medical School of Athens National and
Kapodistrian
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Attikon University General Hospital
Athens, Greece

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Chairman, 4th Department of
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KAT General Hospital
Athens, Greece

Olga Savvidou, MD, PhD

Professor of Orthopaedics,
1st Department of Orthopaedic Surgery
and Traumatology
Medical School of Athens National and
Kapodistrian
University of Athens
Attikon University General Hospital
Athens, Greece

John J. Stapleton, DPM, FACFAS

Attending, Foot and Ankle Surgery
Lehigh Valley Physician Group
Lehigh Valley Hospital
Allentown, Pennsylvania, USA

Sofia Tsirona, MD

Attending Endocrinologist
Athens Euroclinic
Athens, Greece

Thomas Zgonis, DPM, FACFAS

Director, Methodist Diabetic Foot and Ankle
Institute (DFAI)
Fellowship Director, Reconstructive Foot
and Ankle Surgery
Methodist Hospital
San Antonio, Texas, USA

Anastasios Papapetrou

Senior Consultant Vascular Surgeon
KAT General Hospital Athens Greece

Dimitrios Georgiou

Consultant Orthopaedic Surgeon
4th Orthopaedic Department
KAT General Hospital Athens Greece

Epaminondas Kostopoulos

Chairman, Plastic Surgery Department
KAT General Hospital Athens Greece



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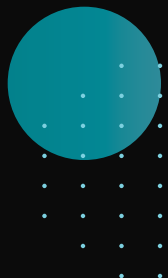


ΚΟΠΕΡ
 Φαρμακοβιομηχανία

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ΙΣΝ / SNF

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 STAVROS NIARCHOS FOUNDATION
 επίκεντρο ο άνθρωπος | empowering humanity



TRAUMA
 IDU



HANDS ON
 CADAVER
 COURSE