

# PRELIMINARY SCIENTIFIC PROGRAM

**2nd** EXTERNAL FIXATION COURSE ON ORTHOPLASTIC LOWER EXTREMITY RECONSTRUCTION  
& Methodist International Lower Extremity Symposium -(MILES) EUROPE

**JUNE 14-17, 2023 | ATHENS, GREECE**

Wednesday, June 14, 2023

## LOWER EXTREMITY TRAUMA AND DEFORMITY CORRECTION

- 08:00 - 09:00 WELCOME & OPENING CEREMONY | P. Koulouvaris, V. Polyzois, T. Zgonis
- 09:00 - 14:00 **OPERATING THEATER | LIVE BROADCAST**
- 14:00 - 14:30 LUNCH BREAK
- 14:30 - 14:50 **History and Evolution of External Fixation**, D. Georgiou
- 14:50 - 15:10 **Role of External Fixation in Damage Control of Orthopaedic Surgery**, P. Koulouvaris
- 15:10 - 15:30 **External Fixation as Definitive Treatment of Lower Extremity Fractures**, O. Savvidou
- 15:30 - 15:50 **The Orthoplastic Approach in Complex Trauma Surgery**, I. Ignatiadis
- 15:50 - 16:00 **DISCUSSION FORUM**
- Moderator:** P. Koulouvaris
- Panel:** I. Ignatiadis, O. Savvidou
- 16:00 - 16:20 BREAK
- 16:20 - 16:40 **Lower Extremity Bone Lengthening and External Fixation Techniques**, M. Rozis
- 16:40 - 17:00 **External Fixation in the Management of Bone Infections**, D.S. Evangelopoulos
- 17:00 - 17:20 **External Fixation in Lower Extremity Deformity Correction**, E. Vassiliadis
- 17:20 - 17:40 **KEYNOTE LECTURE**
- External Fixation in Management of Severe Osseous and Soft Tissue Loss**, V. Polyzois
- 17:40 - 17:50 **DISCUSSION FORUM**
- Moderator:** V. Polyzois
- Panel:** D. Georgiou, D.S. Evangelopoulos
- 18:00 CLOSING REMARKS

**END 1<sup>ST</sup> DAY**

Thursday, June 15, 2023

## LOWER EXTREMITY SOFT TISSUE RECONSTRUCTION FOR TRAUMATIC INJURIES

- 09:00 - 14:00 **OPERATING THEATER | LIVE BROADCAST**
- 14:00 - 14:30 LUNCH
- 14:30 - 14:50 **Vascular Injuries of Lower Extremities**, Ch. Maltezos

- 14:50 - 15:10 **Basic Flaps for Lower Extremity Traumatic Injuries**, Ch. Gakis
- 15:10 - 15:30 **Muscle, Perforator and Pedicle Flaps in Lower Extremity Reconstruction**, I. Ignatiadis
- 15:30 - 15:50 **Free Flaps in Major Soft Tissue Defects of the Lower Extremity**, P. Deskoulidi
- 15:50 - 16:00 **PANEL DISCUSSION FORUM**  
 Moderator: P. Deskoulidi  
 Panel: Ch. Gakis, I. Ignatiadis, V. Polyzois
- 16:00 CLOSING REMARKS

## END 2<sup>ND</sup> DAY

<b>Friday, June 16, 2023</b>
------------------------------

### **MILES EUROPE DIABETIC LOWER EXTREMITY RECONSTRUCTION**

- 09:00-14:00 **OPERATING THEATER | LIVE BROADCAST**
- 14:00-14:30 LUNCH
- 14:30-14:50 **Global Impact of Diabetes on Healthcare**, J.F. Triana
- 14:50-15:10 **Cardiovascular Risks and Complications in the Diabetic Population**, S-H. Ahmed
- 15:10-15:30 **Perioperative Management for the Elective and Hospitalized Patient with Diabetes Mellitus**, S. Tsirona
- 15:30-15:50 **Surgical Management of Diabetic Foot Infections and Osteomyelitis**, T. Zgonis
- 15:50-16:00 **DISCUSSION FORUM**  
 Moderator: T. Zgonis  
 Panel: S-H. Ahmed, J. F. Triana
- 16:00-16:20 BREAK
- 16:20-16:40 **Endovascular versus Open Bypass Surgery**, A. Taha
- 16:40-17:00 **Perforator and Pedicle Flap Closure for the Diabetic Foot**, A. Georgescu
- 17:00-17:20 **Microvascular Free Flaps for Diabetic Lower Extremity Reconstruction**, A. Georgescu
- 17:20-17:40 **Surgical Reconstruction of the Diabetic Charcot Foot**, T. Zgonis
- 17:40-17:50 **DISCUSSION FORUM**  
 Moderator: A. Georgescu  
 Panel: A. Taha, T. Zgonis
- 17:50 CLOSING REMARKS
- 18:00 **Award Ceremony**  
*1st Annual Award of Excellence In Orthoplastic Limb Salvage*

## END 3<sup>RD</sup> DAY

<b>Saturday, June 17, 2023</b>
--------------------------------

### **Hands-On Cadaver and Saw Bone Workshops**

- 09:00-12:00 **Lower Extremity Flaps for Traumatic and Diabetic Limb Salvage**

Local, Muscle, Perforator, Pedicle Flaps

**Instructors:** P. Deskoulidi, Ch. Gakis, A. Georgescu, I. Ignatiadis, T. Zgonis

12:00-12:30 BREAK

12:30-13:30 **Delta and Circular External Fixation for Traumatic and Diabetic Lower Extremity Injuries**

Midfoot Arthrodesis, Ankle Arthrodesis, Leg Deformity Correction and Limb Lengthening

**Instructors:** P. Koulouvaris, V. Polyzois

15:30 REMARKS

**END OF THE COURSE**